

**YOU'VE GOTTA KEEP THE MAIN THING THE MAIN THING****A. THERE IS A DIFFERENCE BETWEEN ANXIETY & CONCERN (:25)**

1. Concern Is When You Live In California & Have Your Earthquake Gear Ready
2. Anxiety Is When You Live In Toutle & You Lie Awake Waiting For The Big One
3. Worry Is When The Stress Level Is Out Of Proportion With Reality
4. (:25) "Do Not" = Stop Worrying
  - a. about your life - eat or drink (= sustenance)
  - b. about your body - put on/wear (= protection)
  - c. For God's people, life is more than basic provision
    - 1) providence (≠ the one in Rhode Island)

**B. TWO EXAMPLES OF GOD'S PROVIDENCE: BIRDS & FLOWERS (:26-30)**

1. Birds/Food (:26-27)
  - a. Birds have two options when it comes to eating. They can:
  - b. (:27) stature = lifespan : worrying can't make your life longer (maybe shorter...)
  - c. It's not foolish to be concerned; It IS foolish to be freaked out - as if God wasn't in control, didn't care about you, or wasn't able to take care of you
2. Flowers/Clothing (:28-30)
  - a. (:30) Worry reveals a small faith
    - 1) small faith in a big God doesn't make sense
3. In Both Of Those Examples Jesus Draws Our Attention To Our Faith, Not Just In The Lord's Ability To Provide, But His Willingness And Commitment To Provide For Even Our Most Basic Needs
4. I'm Kinda Jumping The Gun Because We Won't Get There For Another Week Or Two, But When Jesus Taught This He Wrapped It Up With The Lesson In (7:24-27)
  - a. If you're house is built on the rock it will stand - no matter what - worry or not
  - b. If it's NOT built on the rock it WON'T stand - no matter what - worry or not
  - c. Build your house on the rock & relax - stop worrying

**C. (:31-34) SEEK FIRST...**

1. Have Faith In God's Providence (:31-32)
  - a. The O.T. is full of testimonies of God's faithfulness
    - 1) Isaac said; "Dad, where we gonna get a ram?"
    - 2) Joseph said; "Don't leave me in this pit; Don't sell me to those slave traders"
    - 3) Moses said; "I can't talk to Pharaoh..."
    - 3) Joshua said; "How are we gonna break down those walls..."
    - 5) Gideon said; "We can't win this fight..."
3. (:33-34) Conclusion: Seek First...
  - a. (:33) These things =

## Closing

1. (:34) There Are Enough Things That Require Your Attention & Concern
  - a. Don't add to that worry about things you have no control over
  - b. God can & will take care of you: That frees you to keep the main thing the main thing